

THE HOWLIN' Hound

April 2009



PAUSE DOG BOUTIQUE

UPCOMING EVENTS:

There's lots happening...

April 4th - 12-1pm

Free Temperament Testing

with The Good Dog Foundation

Stop by if you are interested in having your dog become a therapy dog!

**April 26 & May 3, 10 and 17th
(Sundays) - 4-5pm**

Loosh-Lease Walking Class

with Sirius Play Dog Trainer, Polly Kaplan—Just \$80 for 4 classes!

**April 26 & May 3, 10 and 17th
(Sundays) - 5-6pm**

Basic Obedience Class Series

with Sirius Play Dog Trainer, Polly Kaplan—Just \$80 for 4 classes!

April 15, 22 & 29th

(Wednesdays) - 6-9pm

Cindy Brody's CinergE Dog Workshop

Special series on animal communication and energy balancing.

Head to the "Special Events" on our website at for more details!

To register, contact us at 876.4330 or pauseshop@yahoo.com.

CHECK OUT OUR ONLINE STORE!

Be one of the first 10 people to place an order and receive a free gift with your purchase!

We've worked long and hard to bring you a great selection of products – both those that we carry in the store and some others too. We'll also continue to add new items based on customer feedback and the things we think you'll like best.

Check it out at www.pausedogboutique.com. You'll find the link there. Bark back...we love to hear your feedback!

WE'RE MOVING!

Yup, you read that right! Just in time for our 1-year anniversary, we're moving to a bigger, more accessible space. We'll be located just minutes from our current location at 6423 Montgomery Road, Suite 8 – in the Montgomery Row Plaza (Come visit us in our new location around May 1st – and be sure to check out our "New Location Promotion" happening now! (See details on our website.)



Cha Gi - taking his job as Director of Quality Control very seriously...

Be a Part of Our Dog Community...



View our new blog at [http://
pausedogboutique.blogspot.com/](http://pausedogboutique.blogspot.com/) - we're posting dog-related events, resources and more!

Join us on Facebook (go to our website at www.pausedogboutique.com and link from there or look for our page on Facebook).

Go GRReen!

10 Tips for Living Greener with Dogs (and Other Pets Too!)

It's so easy to reduce your carbon footprint – and your dog's carbon pawprint – with these eco-friendly tips:

1. Use Biodegradable poop bags. Plastic bags are definitely out! For a greener approach, choose to scoop with a biodegradable poop bag and then compost the whole thing. Just want to throw out the bag? That's fine too. But be aware about biodegradable poop bags. If they go to a landfill that is anaerobic "air-locked," the bags will not break down the way you think in the absence of oxygen. Still not happy? The simple solution is the best one – according to most experts: flush the poop down your toilet. It's environmentally sound and earth-friendly. Did you know that American dogs and cats generate 10 million tons of waste each year? Yowsas!

2. Be smart about the toys you buy. Not only are some dog toys toxic for your pet, they're bad for the environment too. Purchase toys made out of recycled materials or ones that are recyclable. Or, turn your trash into a treasure! Old socks can easily be converted into dog toys – and empty plastic bottles can too (some people even stuff the empty bottle *inside* a sock and then knot it up for playtime fun!).

3. Serve up natural nourishment. You probably try not to eat too many foods that have chemicals and preservatives, so why shouldn't you do the same for your pet? Dogs deserve nutritious foods too! Most conventional pet-food brands you find at the supermarket consist of reconstituted animal by-products, otherwise known as low-grade wastes from the beef and poultry industries—food you wouldn't even consider going near. Be selective...buy all natural dog foods and treats or make your own from local, sustainable ingredients.

4. Spay & Neuter. Help control the overpopulation of pets that strain our shelters and natural resources. Spay or neuter your pet for greener living. Interested in finding out more about the important health benefits of spaying and neutering? Talk to your vet.

5. Clean with green in mind. Have you ever stopped to think about how many products you use to take care of your pet? From pet shampoos to carpet cleaners, many of these products aren't as earth friendly as you might think. Choose products that are delicate on the earth and your pet's senses by avoiding those that contain sulfates, phosphates and other chemicals, and are instead made from natural environmentally-friendly ingredients.

6. Leave your shoes at the door. When you wear your shoes indoors, you expose your pet (and the rest of your family) to petrol, pesticides, herbicides, lead and other chemicals as you track them in from the outside. You'd be amazed at all of the toxins your shoes pick up during your daily travels!

7. Adopt a Pet. Reduce, reuse, rewoof! According to SpayUSA (Woof Report, 3/18/09), 70,000 puppies and kittens are born in the U.S. every day. With these kinds of rates, there will never be enough homes for them all. Therefore, some believe that rescuing is the ultimate form of recycling.

8. Shop Local. Not only are local stores more fun, they help to sustain vibrant, compact, walkable towns, an essential part of the effort to reduce sprawl, automobile use, natural habitat loss, and air and water pollution.

9. Douse your pet with eco goodness. The pet industry is just brimming with eco-friendly products (we're not biased or anything!). Outfit your pup in a hemp or bamboo collar. Tuck him into an organic cotton bed. Now it's easier than ever to find products made from recycled materials and sustainable fibers. Although they sometimes cost a little bit more, they generally last longer than other products, making them well worth the price – on multiple levels!

10. Don't get overwhelmed. You don't have to make drastic changes in your (or your pet's) life to live sustainably. Sometimes it's the little things that make the biggest difference!

Sources: Planetgreen.com, greenlivingideas.com

Serious Fun with Sirius Play Dog Training

Any dog can join these classes.

No prior training necessary!

All classes will be held at Pause Dog Boutique.

You asked and we answered...

BASIC OBEDIENCE CLASS

Series of 4 classes (must take all four) - just \$80!

This class is suitable for puppies and dogs who have had little or no obedience training. We teach basic behaviors and learn about the everyday management of your dog. We will use positive reinforcement, go through a lot of treats and have fun doing it.

Classes will take place on Sundays from 4-5pm on April 26, May 3, May 10 and May 17th.

LOOSE LEASH WALKING

Series of 4 classes (must take all four) - just \$80!

Walking with your dog should be an enjoyable, relaxing activity for both of you. If you would like to improve the quality of your walks AND strengthen the bond between you and your dog, then this is the class for you. We will start indoors and then move outside when we're ready. We may even take a field trip!!!!

Classes will take place on Sundays from 4-5pm on April 26, May 3, May 10 and May 17th.

Sign up at Pause or contact Sirius Play Dog Training, at polkap12@mac.com or (845) 797.1879.

Ways to Save on Pet Healthcare Costs

Nowadays, it seems like everyone is pinching pennies. Times are tough and looking for ways to save on veterinary bills is just one way to try to cut costs. The good news is that this is possible! Here are some ways to do so:

- **Ask if there are discounts during pet awareness months.** Many vets offer savings on teeth cleanings during Pet Dental Month (in February) and on checkups during Pet Wellness Month (in October), for example. Be sure to also inquire about discount packages for puppies and seniors, as well as military, therapy or multiple dog discounts.
- **Explore the prescriptions you are giving.** Many medications prescribed for pets are the same ones prescribed for humans! In this case, request a written prescription and head to your local pharmacy for savings of 50% or more. Also inquire about generic equivalents to name brands.
- **Shop around for preventive medications.** You can get flea, tick and heartworm medications at many locations – both in stores nearby and online. You'll be amazed at the range of prices you'll find them at! Also check out manufacturer's websites for printable coupons too.
- **Consider getting pet insurance.** It's gaining in popularity, but you'll have to crunch the numbers for yourself to see if it's worth it for your family. Check into high deductible policies that reduce premiums, which the industry is now offering.
- **Ask questions about vaccinations.** Don't be too quick to accept suggestions for pricey procedures, surgery or vaccinations. Many times for surgery or other procedures, there are cheaper options available. And for vaccines, sometimes it is possible to switch to a three-year schedule, instead of getting annual boosters.

Overall, don't be afraid to voice concerns about costs or to ask questions. There are almost always alternatives or ways to make adjustments.

Source: Adapted from *Dog Fancy*, 2009

Fun for Kids!

We just found out that the popular Dog Fancy magazine has a pup! Yup, Dogs for Kids is the "puppy" publication from the publishers of Dog Fancy, aimed at children between the ages of 8 and 14 who love dogs, love to read, love to have fun and love to have fun reading about dogs!

Each issue is full of games, features, posters, breed profiles and news. You can subscribe to Dogs for Kids at www.dogsforkids.com or by calling 800.678.8022.